

# THE HAPPY LIST: 5 WAYS TO HAVE FUN AND GIVE BACK THIS WEEK

August is in full swing and the #HappyList is here again with 5 great events, experiences and happenings for this week. Get it straight to your inbox by signing-up...



by [gotilo](#)

14th August 2017

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August is in full swing and the #HappyList is here again with 5 great events, experiences and happenings for this week. Get it straight to your inbox by signing-up to our mailing list.

## 1. Check out the London Feminist Film Festival @ Rio Cinema – Thu 17th to Sun 20th

London's annual Feminist Film Festival is hitting the Rio in Dalston and BFI Southbank this week. From Thursday to Saturday, you can catch inspiring films, panel discussions and talks on key feminist themes. The highlight of the festival is likely to be a rare screening of the first independent film by a female Iranian director on its 40th anniversary – [‘The Sealed Soil’](#). Director, Marva Nabili, will be in attendance, flying in from LA to take part in a Q&A after the film, chaired by Elhum Shakerifar. For vegans, there's a special talk on [feminism and veganism](#) on Friday at 8:30pm. And to sign off the

festival, there's a [closing party](#) at High Water cocktail bar on the Sunday at 6pm.

The full programme and tickets are available on the [LFFF website](#).

## **2. Experience the 'IMAX' of wildlife art in support of conservation @ Royal Horticultural Halls – Mon 14th to Fri 25th**

It's the final two weeks of Art World Conservation's spectacular charity event helping to raise awareness about wildlife, conservation and climate change. If you haven't been already, this is your last chance to see the charity's incredible life-sized, high definition style wildlife paintings which break down the barriers between art and conservation. There will also be a range of informative talks by leading wildlife experts.

The space at RHH (Westminster) will be open from 10am – 8pm and information on subjects and timings for talks and lectures are available on the [Art World Conservation website](#).

## **3. Witness a live illustration battle @ Village Underground – Thursday 17th**

Secret Walls (formerly Secret Wars) is the world's premier live illustration battle... and it's back at the social enterprise Village Underground for the first time in 5 years for #PaintWillSpill World Tour. Battles take place between 2 individuals, or 2 teams of artists, armed with nothing more than a black marker pen or acrylic paint. Artists have 90 minutes to wow neutral judges and the crowd by illustrating a huge white wall. Secret Walls offers young and aspiring artists a creative platform – allowing them a chance to showcase their work on a global scale, gaining the recognition they deserve. Working in a similar way to Fight Club, Secret Walls battles are set up and promoted through word of mouth & social media.

Tickets are available on their [Eventbrite page](#) for £10 (early bird). There are also VIP, front row tickets available for £50 complete with an incredible Secret Walls swag bag. Doors at 7pm.

#### 4. Attend the summer's best poetry experience @ Hackney Showroom – Tue 15th

HOSTED BY BBC 1XTRA'S  
MIM SHAIKH

# SUMMER POETRY XPERIENCE

TUESDAY, AUGUST 15TH  
HACKNEY SHOWROOM  
E8 2BT  
DOORS OPEN AT 7PM  
TICKETS AVAILABLE AT [WWW.SUMMERPOETRYX.COM](http://WWW.SUMMERPOETRYX.COM)

PLATOON  
UOSB

They describe it as “the poetry event to bookmark all poetry events”:  
the annual Summer Poetry Xperience is hitting social enterprise

venue **Hackney Showroom**. Hosted by BBC 1Xtra's Mim Shaikh and with amazing poets on the line-up, this event promises to bring all the varying facets of the London poetry scene onto one stage, under the direction of one brief. And this year's brief is all about pushing boundaries. *What does contemporary poetry sound or look like? What new things are poets adding to the rich landscape of poetry?* It's about taking risks and experimenting with poetry; be it by introducing new forms/techniques or collaborating with other art forms. Every year, SPX aims to surpass the successes of the previous year – so expect carefully curated venues and bespoke stage designs for poets to bring their performances to life and immerse the audience in awe and wonder.

**Tickets are available for £10 over on [Eventbrite](#). The event will run from 7pm – 9:30pm**

## **5. Catch award-winning spoken word performances @ Union Chapel – Tue 15th**

**Buddy Wakefield** – the three-time world champion spoken word artist – is coming to the Union Chapel for his only London performance this year. Wakefield has been featured on the BBC, HBO's Def Poetry Jam, ABC Radio National and signed to Ani DiFranco's Righteous Babe Records starting. He delivers raw, rounded, disarming performances of humor and heart.

Anna Freeman will also be performing: a novelist, a multiple poetry slam champion, a creative writing lecturer at Bath Spa University and a producer for Bristol Old Vic. Her work is funny, slightly twisted and explores personal and social neuroses. It's about the messy, ridiculous, glorious state of being human and the need to laugh at ourselves, often.

**Get tickets for £12 (£10 concession) on the [Union Chapel website](#). Doors at 7pm.**

*Join the conversation and find other people going to these events at our Facebook community group: [London's ethical city explorers](#).*